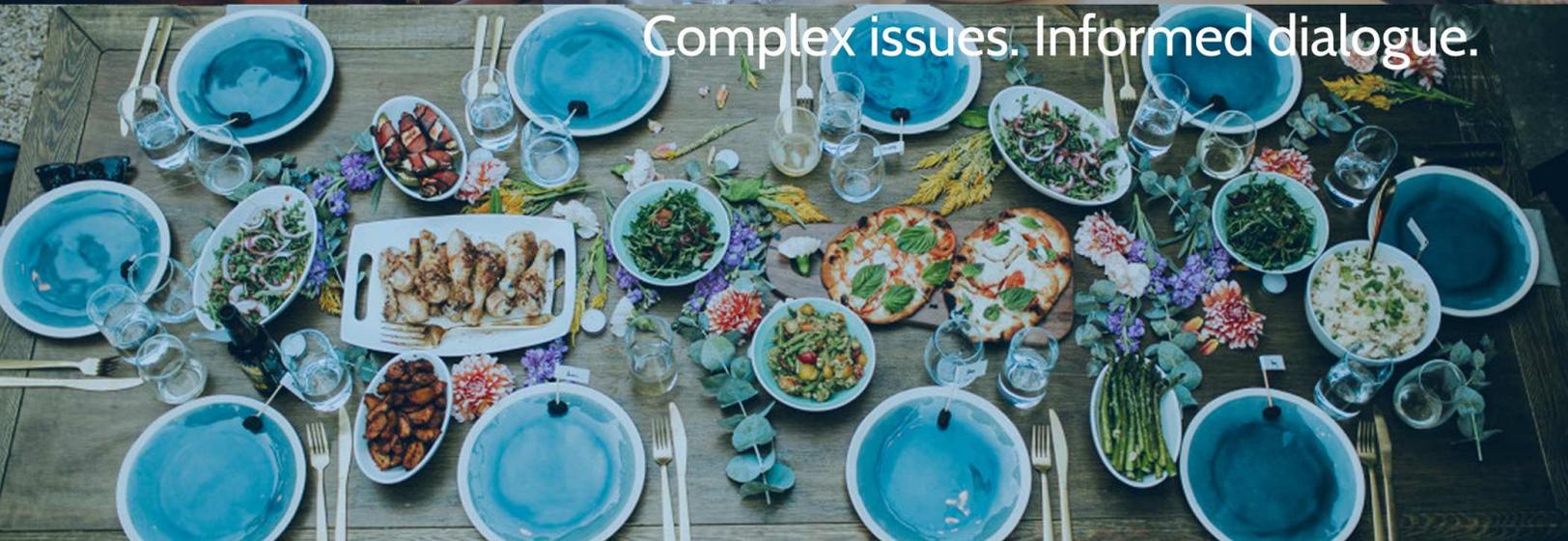




**IPF ATID**

**ONETABLE X IPFATID**

Complex issues. Informed dialogue.



The Shabbat table can be a place for conversations focused on the difficult and complex issues facing young Jewish adults in America. With a new Israeli government incoming, an uncertain future on Israeli-Palestinian peace, and growing rifts within the American Jewish community, it is vital that we build relationships across perspectives and create welcoming spaces for nuanced conversations in 2019. IPF Atid invites you to critically and inclusively engage with these (and many more) important issues by utilizing the Shabbat table to connect people, have meaningful interactions, and build community.

## STAFF

### Israel Policy Forum

Adam Basciano, IPF Atid National Director  
Shanie Reichman, Strategic Initiatives Associate

sreichman@ipforum.org, (212) 315-1741

### OneTable

Sarit Wishnevski, Associate Director of Community Partnerships

sarit@onetable.org, (646) 542-0146

Additional information and resources: [israelpolicyforum.org/onetable](http://israelpolicyforum.org/onetable)



# Hosting your Shabbat

## ✓ HOSTING CHECKLIST & POINTERS - PRIVATE HOMES:

- 1 Make sure you've got the basics: candles, lighter/matches, wine/grape juice, challah, plates, silverware, cups, napkins, food, and beverages.
- 2 Prepare some appetizers and drinks for people to have when they arrive.
- 3 Let people know where they can put their jackets, bags, and other items once they arrive. Welcome them to your home!
- 4 Ask for help if you need it.
- 5 Share the love! If appropriate, post your pictures using the hashtags #IPFAtid and #myonetable



## ICEBREAKERS

- If you could be any kitchen utensil or appliance, what would you be and why?
- Describe your most memorable experience in Israel or abroad.
- Tell about a unique or quirky habit of yours!
- If you could do anything without failing, what would you do?
- What are you most passionate about?
- If you could fill a bathtub with anything, what would yours be filled with?
- Who is your hero?



## RITUAL



ברוך אתה אדוני אלהינו מלך העולם אשר קדשנו  
במצותיו וצונו להדליק נר של שבת

*Baruch Atah Adonai Eloheinu Melech ha'olam asher  
kidshanu b'mitzvotav vitzivanu l'hadnik ner shel Shabbat*

**Blessed are You, Lord our G-d, who makes us holy  
through actions and honors us with the light of  
Shabbat.**



ברוך אתה אדוני אלהינו מלך העולם בורא פרי הגפן

*Baruch Atah Adonai Eloheinu Melech ha'olam borei p'ri  
hagafen*

**Blessed are You, Lord our G-d, creator of the  
fruit of the vine.**



ברוך אתה אדוני אלהינו מלך העולם המוציא לחם מן  
הארץ

*Baruch Atah Adonai Eloheinu Melech ha'olam  
ha'motzi lechem min ha'aretz*

**Blessed are You, Lord our G-d, who  
brings forth bread from the earth.**



# Framing your Shabbat



## TIPS & POINTERS

### **The goal is not to achieve total agreement.**

Provide the space and opportunity for everyone's perspective to be shared openly and respectfully. It's best to build into the conversation's beginning an opportunity for each guest to describe their background and how it leads them to their current perspective on matters pertaining to Israel. Civil disagreement is healthy, but disrespect and attacks on another guest's personal character are not.

### **You are not expected to be the expert.**

These conversations can challenge your table emotionally, as well as your knowledge and historical insights. If necessary, you are encouraged to state, "I/We don't know the exact details on that particular question. We can check for more information after Shabbat..."

### **Periods of silence are not to be feared!**

There are always going to be moments of pause and silence, as guests (and the host) gather thoughts and reactions. Do not feel the need to rush the conversation into new directions simply due to silence. If you think it's appropriate, call on a particular guest to share their thoughts or return the conversation to a previous conversation point.



## OTHER BEST PRACTICES

- Asking an attendee to be a co-facilitator can be very helpful for your conversation
- Establish the spirit of the conversation from the onset
- Let your guests do most of the talking
- Encourage the participation of all your guests
- Allow guests to speak more intimately with the person next to them on a specific topic



## SUGGESTED FLOW

- 1 Host welcomes guests and conversation
- 2 Attendee introduction: Icebreakers, Answering host's prompt, or "Why I'm Here"
- 3 Host reviews conversation guidelines and begins main facilitation:
  - "I chose this topic because..."
  - Conversation can begin with general topic and thought-provoking questions.
  - Host (and co-facilitators) can take conversation into different topics based on guests' reactions and interests
- 4 Concluding thoughts from host and guests:
  - "Where can we go from here to improve the community's discourse?"
  - "How can we - as individuals and a community - better support efforts for peace, security, and dignity for all in the region?"



# Crafting your Shabbat

## MENU OF CONVERSATIONS

### 1) Two-State Solution & The IPF Atid Perspective

Despite the obstacles facing a future Israeli-Palestinian peace agreement, what are the policies we can advocate for and actions we can take to keep the two-state solution alive and viable?

### 2) One People, Two Centers? - Z21 Movement

How can we bridge the growing gap between Israel and World Jewry in order to strengthen Jewish peoplehood?

### 3) Current Events & Commentary

What are our reactions to the latest headlines and thought pieces driving today's conversation?

### 4) IPF Atid Quarterly Campaigns

Visit IPF Atid's homepage to see what the network is currently focusing on to drive impact in the U.S. and the region.

 *Once you select your focus, IPF Atid's staff will work with you in selecting relevant news articles, analysis, and other online content to distribute to guests and to help frame your conversation.*

## OPTIONAL: A PRAYER FOR THE CHANGEMAKER

When my energy is sapped, **send me a boost to carry on.**

When darkness seems to fill every crevice, **send a glimmer of light.**

When all I want to do is focus inward, **let me hear the voices that need me.**

When the cacophony of dissonance and anger make me want to close my ears, **let me rise above it.**

When I am scared to stand up and speak up, **give me the courage to be brave and carry on.**

When I have lost the ability to believe that I can affect change, **remind me that a small pebble can create infinite ripples in water.**

When it all seems to much, **remind me to take one step at a time.**

When all hope seems gone, **let me find that unusual angle to pursue.**

When I want to give up, and feel I cannot go on, **remind me that there is strength in community and I am not alone.**

-Rabbi Arthur Gross-Schaefer

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

-Margaret Mead

Curated by:

